














Miami-Dade County Public Schools Department of Food & Nutrition

Fresh Fruit and Vegetable Program (FFVP) Menu

October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>Teacher Planning Day</b>	<b>Navel Orange</b> 	<b>Veggie Sweet Peppers</b> 	<b>Crab Apple</b> 	
10	11	12	13	14
	<b>Baby Kiwi</b> 	<b>Teacher Planning Day</b>	<b>Kohlrabi</b> 	
17	18	19	20	21
	<b>Anjou Pear</b> 	<b>Edamame</b> 	<b>Pomelo</b> 	
24	25	26	27	28
	<b>Grapefruit</b> 	<b>Kirby Cucumber</b> 	<b>Granny Smith Apple</b> 	
31	1	2	3	4

\* Menu Subject to change based on availability.