

# FOOD AND NUTRITION PROCEDURES

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## Miami-Dade County Public Schools

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Subject:	ADULT MEALS
For Action By:	PRINCIPALS, FOOD SERVICE MANAGERS
Refer Questions to:	FOOD SERVICE ADMINISTRATORS, DEPARTMENT OF FOOD AND NUTRITION

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### DEFINITION

An adult meal is a meal served to:

- A. anyone not enrolled as a student
- B. enrolled students age 22 or more

Adults on official business in the school during scheduled meal service times may purchase meals at the regular adult price at current established Board prices. Parents and interested citizens may also eat in the school on an infrequent and prearranged basis. Any visitation should be scheduled through the school principal's office.

Only food service employees paid and employed through Department of Food and Nutrition funds may receive a meal without charge at breakfast/lunch service. In addition, no part of the meal and/or a la carte items are to be provided at no charge to Miami-Dade County Public School employees or others. Food service employees are required to pay for all a la carte items which are not part of the regular menu offerings. A detailed description of the procedure for entering employee meals in the cash register is found in the P.O.S. Instruction Manual.

Adult meal prices include the total of the pupil meal sale price, the value of commodity foods, and the value of Section IV Reimbursement. Adults may purchase any meal component or a la carte item at the established a la carte price.

A complete adult lunch consists of the same portions as a secondary student lunch:

Meat or meat alternate .....	2 oz. (quantity of edible portion as served)
Vegetables and/or fruits .....	1 cup minimum
Vegetables .....	½ cup, #8 scoop
Canned fruit.....	½ cup, #8 scoop
Bread or bread equivalents .....	1 – 1 ½ servings
Milk (½ pint), lemonade or tea.....	1 serving