

# FOOD AND NUTRITION PROCEDURES

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## Miami-Dade County Public Schools

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Subject: SCHEDULING OF LUNCH PERIODS

For Action By: PRINCIPALS, FOOD SERVICE MANAGERS

Refer Questions to: FOOD SERVICE ADMINISTRATORS  
DEPARTMENT OF FOOD AND NUTRITION

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### A. LENGTH OF LUNCH PERIOD

1. Schedule lunch periods so that students have sufficient time to eat in a relaxed, pleasant atmosphere.
2. Where possible, avoid lengthy waiting periods during lunch.
3. Staggered class dismissal times will greatly assist in reducing waiting periods.
4. When lunch periods are scheduled to begin prior to 10:00 a.m. , the Department of Food and Nutrition must be informed in order to comply with Florida Department of Education regulations.

### B. NUMBER OF LUNCH PERIODS

1. Wherever possible, schedule three (3) or more lunch periods to make lunches available to the greatest number of students. The standard for designing dining rooms is to accommodate one-third of the programmed enrollment of the school.
2. High participation helps make it possible to serve lunches at a minimum price to students.